

CREEKSIDE

January 2022



UPCOMING CLINIC

SPRING ACE IT



Are you tired of being the underdog when you step on the court?

Place your bet on our Spring Ace-It Clinic and be ready for the start of leagues!

For 4 weeks this Spring, you call the shots! We will customize your clinic to fit your needs. Tell us what's lacking in your hand:

- ♥ Looking for strategies to deal with the chronic poacher?
- ♥ Puzzled on what to do with that annoying lobber?
- ♥ Do you bluff your way through volleys?
- ♥ Does your serve not cover the spread?
- ♥ Are your overheads a little too wild?
- ♥ Does your doubles strategy get trumped easily?

The answer to these and just about any other bad hand can be dealt with in our **Spring Ace-It clinic**. The clinics start the week of **March 6th** and end just as the USTA leagues kick off. Register individually, as a doubles-duo, or bring your favorite teammates for this ace-in-the-hole clinic! Space is very limited this year, get registered right away!

4-week clinic • 4 people/group • 90 minutes/week

Contact Radka at 303.232.6272 x16 or email

rlacjak@meadowcreektennis.com

\$120 Members; \$142 Non-Members

7 Indoor Tennis Courts

3 Outdoor Tennis Courts

2 Outdoor Paddle Courts

Pickleball Drop-In & Lessons

3 Social Lounges:

- 1 with Tennis Viewing
- 1 with Fireplace
- 1 Outdoor Relaxation area with Fireplace

Cardio and Resistance Training Equipment

Strength, Conditioning and Personal Training

Tennis Pro Shop:

- Shoes
- Racquets
- Gifts & Accessories

MeadowCreekTennis.com
info@meadowcreektennis.com

6305 West 6th Avenue
Lakewood, CO 80214



JUNIOR TENNIS

Girls High School Tryouts Are Right Around the Corner: Be Ready on Day One

Our 6-week Tennis Bootcamp exclusively for Girls' High School players. Hit the ground running to make sure you have the edge on the court! Our unique teaching approach provides you with results you can see, feel, and begin using right away so you may perform at the top of your game.



- Conditioning & Footwork
- Stroke Production
- Court Positioning
- Singles/Doubles Strategy



January 16th -
February 20th



Sundays
2pm-4pm



\$276/Members
\$328/Non-Members

KIDS GREEN BALL COMPASS TOURNAMENT



Saturday, February 5th - 6pm-9:30pm

Kids, join us for a lively night of competitive tennis, movies, pizza and fun!



To avoid too many people in our common area, we are asking the Parents, to sit this one out and enjoy some peaceful time to yourselves



This is a non-elimination format with a minimum of 2 matches

Tournament is for Green Ball players only

Deadline to register is Thursday, February 3rd

To register, please call Coach Doug at 303.232.6272 or email info@meadowcreektennis.com



\$32/Members; \$38/Non-Members



JUNIOR TENNIS
PROGRAMS

Junior Session 4 began on January 3rd and runs for 8 weeks. There is still some room in a few classes if you want to get your junior registered! We will prorate the cost for any class missed.

Find the details online or call us at 303.232.6272 to get registered.

FRIDAY NIGHT DOUBLE TROUBLE

Join the Friday night gang for some fun mixed doubles! 7.0/8.0 combined. Sign-up with a partner or we'll find you one. 6pm-8pm

January 7, 21
February 4, 25

Call Radka @ 303.232.6272 or email rlacjak@meadowcreektennis.com

HAPPENINGS AT MEADOW CREEK

Paddle Tennis



Enjoy your first lesson with Easton Thomas for 50% off!
For more information on lessons, leagues, membership, etc, contact: Paddle@meadowcreektennis.com

LADIES INTERCLUB SESSION 2:

Session 2 runs from January to April. Check out our Ladies page on our website for days, times and registration forms

Only sign-up for the dates that work for you!

To register call 303.232.6272 x16 or rlcjak@meadowcreektennis.com



MEADOW CREEK

PICKLEBALL

Updated 2022 Play Times:

Sundays 5pm-8pm

Tuesdays 9:30am-12:30pm ***New Time***

Thursdays 7am-10am ***New Time***

Reservations are required and can be made one week in advance. Payment must be made to reserve your spot. Space is limited.

Private Court Rental

Now you can rent a court exclusively for you and your friends! Limited to Tuesdays and Thursdays for 3 hours

Tuesdays 9:30am-12:30pm

Thursdays 7am-10am

\$50 for 3 hours of playtime

Advance reservations are required and payment is due at time of rental. Only 3 courts available for rental

New Year's Resolution Package Deal:

Purchase a 3-Pack of lessons and receive a 5% discount!

Go online to MeadowCreekTennis.com or call us at 303.232.6272 for lesson pricing

PICKLEBALL QUICKSTART

PBQS is a 4-week introductory program designed for adults new to the sport and want to hit the court with confidence.

Next available session is February 6, 13, 20, 27
Sign-up now! Limited to 8 players per session

WHEN: Sundays from 5:30pm-7pm

WHERE: Indoors at Meadow Creek

COST: \$108 per 4-week session

TENNIS SPECIFIC STRENGTH & CONDITIONING AND PERSONAL TRAINING

NEW CLIENT SPECIAL:

Free one hour evaluation session to discuss your overall body condition and fitness goals

WHAT ARE YOUR NEW YEAR'S GOALS?

- Enhance flexibility
- Promote stamina
- Build lean muscle
- Decrease body fat
- Prevent injury
- Accelerate match recovery
- Improve joint stability
- Boost your speed on the court

Ryan Griffin is a Strength & Conditioning coach that can take your game to the next level. Ryan's goal is to help you move as pain-free and efficiently as possible, not only on the court, but in everyday life.

To schedule an appointment call Ryan at 850.324.3856 or email CoachRyanGriffin@gmail.com

FREE GUEST DAY

Saturday, January 15th

No guest fee but court fees apply
One guest per member

January Hours:

Monday - Thursday
7am-10pm

Friday 7am-8pm

Saturday & Sunday
8am-8pm

Call for closing hours on weekends

CLUB HAPPENINGS

Our 2021 Reindeer Games did not disappoint! The reindeer showed-up in full force and games were played all evening. Thank you to everyone who participated in the festivities!



More pictures online! Click on the "Socials" tab



Welcome

Our Newest Meadow Creek Members:

- | | | | | | |
|-----------------|------------------|-------------------|-----------------|----------------|--------------------|
| Nathan Adams | Benjamin Brenner | Jarret Gabel | Joanna Hogrefe | Kay Newman | David Shpiz |
| Jen Arnold | Brenda Byrne | James Gourley | Grace Jeffers | Paula Pearson | Elizabeth Sklaroff |
| Todd Avant | Tyler Cannon | Robyn Gourley | Jonathan Kelley | Kelly Pobanz | Claire Stoldt |
| Lucy Avant | Mollie Carter | Autumn Gourley | Michael Kelley | Ryan Ratcliffe | Claudia Styslinger |
| Cole Barris | Katie Cecere | Jim Greiner | Keith Leimbach | Seth Rider | Craig Swegle |
| David Benson | David Clark | Jackie Greiner | Stella Madrid | Chris Robinson | Brian Taylor |
| Shane Benson | Jullian Clark | Reed Haimson | Leslie Mease | Ginny Robinson | Gabriella Taylor |
| Sloane Benson | Allison Craig | Robert Hampton | Mac Mease | Brody Rogers | Gavin Taylor |
| Emily Brandorff | Lucy Dikeou | Kaysie Hampton | Riley Meyer | Heinz Salmen | Noah Tondre |
| | Emily Filippini | Marlow Hampton | Emma Nasif | Tom Seeton | Lauren Weber |
| | Tom Filippini | Christian Hogrefe | George Nasif | Wendy Shpiz | Barbara Wells |

MEADOW CREEK
TENNIS & FITNESS CLUB

Monday to Thursday 7am - 10pm, Friday 7am-8pm
Saturday & Sunday 8am - 8pm
6305 West 6th Avenue, Lakewood, Colorado 80214
Phone: 303.232.6272 • Fax: 303.232.0150
MeadowCreekTennis.com