



GET A GRIP

[November 2024]

**OPEN ON
THANKSGIVING
DAY!**
see page 2
for details

HIGHLIGHTS

- 1 Pilgrim Super Drill
- 2 Thanksgiving Day Fun!
- 3 Boys State Tennis
- 4 Pickle & Platform

SAVE THE DATES

- 11.06 Pickle Leagues Start
- 11.08 6.0 Friday Mixer
- 11.15 Club Championship Weekend
- 11.22 7.0 Friday Mixer
- 11.27 Pilgrim Super Drill
- 11.28 Let's Carve it Cardio
- 11.28 Tukey Buster Mixer
- 11.29 8.0 Friday Mixer
- 12.06 Dink & Drink
- 12.06 6.0 Friday Mixer
- 12.13 7.0 Friday Mixer
- 12.18 Reindeer Games Super Drill

1 Pilgrim Super Drill



PILGRIM Super Drill

**Wednesday
November 27**

Get ready for our annual Pilgrim Super Drill on **Wednesday, November 27th, from 6pm-9pm.** It's the perfect opportunity to get a jump on burning off those Thanksgiving calories while enjoying high-energy drills with the Meadow Creek crew! As our premier Super Drill of the year, it's an event you won't want to miss!

Includes 2 hours of Drills, Snacks and Beverages

Call **303.232.6272** or email **jstokes@meadowcreektennis.com** to register
*Levels 3.0 and up, please, 24 hour cancellation period
members can register now; non-members 1 week in advance*
\$40 members / \$50 non-members

Drill 6pm-8pm | Social 8pm-9pm | Open Play 8pm-9pm

2 Thanksgiving Day

OPEN
8AM - 12PM
THANKSGIVING DAY

LET'S CARVE IT CARDIO

8am-9am 9am-10am
Level 2.5-3.5 Level 3.5+

Jumpstart your calorie burn and get your heart pumping with some high-energy court time!

\$20 members
\$30 non-members

TURKEY BUSTER MIXER

10am-12pm
Levels 3.0 and up, Ages 18 +

Sign up solo or with a partner - just come ready for fun and festive rotational doubles play!

\$25 members
\$35 non-members

Can't make Cardio or the Mixer work? Reserve a court to hit with your friends and family! We're open from 8am-12pm on Thanksgiving Day. Call 303.232.6272 or go online to reserve your spot. Members can register now; non-members can reserve one week in advance

TENNIS CLUB CHAMPIONSHIP NOVEMBER 15, 16, 17

The big weekend is almost here! We are near capacity, so if you want to play, reach out to Jody at jdart@meadowcreektennis.com ASAP and she'll get you registered. This is a single elimination event, so if you lose, plan on sticking around to cheer on your fellow members. There will be food and drinks all weekend long!

FRIDAY NIGHT MIXERS

6.0 | 7.0 | 8.0

Grab a partner (or we will pair you) for some fun, competitive, at-level matches. No better way to spend a Friday night! **7pm-9pm**

Email Jaime at jstokes@meadowcreektennis.com to get registered.

6.0 > November 8, December 6
7.0 > November 22, December 13
8.0 > November 29, December 20

Junior Session 3 just launched this week. Most classes are at capacity, but there may still be room for your player in the Friday, Saturday and Sunday groups. We will prorate if you missed the first class. To register, reach out to Coach Stanley at sroffe@meadowcreektennis.com.

JUNIOR TENNIS

MENSDAY

Looking for a fun and competitive way to spend your lunch break? Join us for Men's Day!

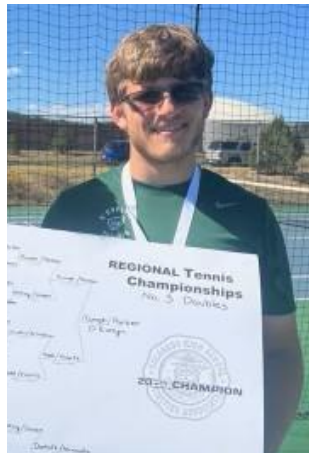
NTRP rating of 3.5-4.0
Weekly registration
Wednesdays, 11am-1pm
\$24/members; \$34/non-members

3 Boys State Championship

Congratulations to the Meadow Creek high school boys on a fantastic season and strong performances at the Individual State Championships on October 11-12! Keep up the great work ... nobody brings it on the court quite like you do!



- 5 A** Jameson Heltshe - 1 Doubles (Lakewood)
- 5 A** William Geswein - 3 Doubles (Golden)
- 4 A** Travis Nguyen - 2 Singles (George Washington) **4th Place!**
- 4 A** Eric Pham - 2 Singles (D'Evelyn) **Quarterfinalist!**
- 4 A** Zac Schoonover - 1 Doubles (Evergreen) **Quarterfinalist!**
- 4 A** Charlie Barwell - 1 Doubles (Evergreen) **Quarterfinalist!**
- 4 A** Alex Speyer - 2 Doubles (Evergreen) **4th Place!**
- 4 A** Marlow Hampton - 2 Doubles (Evergreen) **4th Place!**
- 4 A** Henry Rumph - 3 Doubles (D'Evelyn) **4th Place!**
- 4 A** Baxter Stewart - 3 Doubles (Evergreen) **Quarterfinalist!**
- 4 A** Francis Lis - 4 Doubles (D'Evelyn) **4th Place!**
- 4 A** Jacob May - 4 Doubles (Evergreen) **3rd Place!**
- 4 A** Micah May - 4 Doubles (Evergreen) **3rd Place!**



Left to Right: Jameson Heltshe, Henry Rumph, Francis Lis

LADIES DAYTIME DOUBLES ●●●

2 hours of fun, competitive doubles against ladies from all over the Denver area.

All players must play at their published USTA rating.

Registration is monthly. Only sign-up for the days you can play. Contact Jaime at jstokes@meadowcreektennis.com to register.

2.5	Wednesday	1pm-3pm
3.5	Friday	9am-11am and 11am-1pm
3.5	Monday	1pm-3pm
4.0	Tuesday	1pm-3pm
4.5	Thursday	10am-12pm

NEW! Serve & Return Class



The focus is on the fundamentals of both the serve and the return, helping you sharpen your skills and elevate your game. Learn slice, spin and kick serves and how to effectively set up points in both doubles and singles situations.

Monday 3.5 and up 5:30pm-6:30pm
Tuesday 3.5 and below 5:30pm-6:30pm

\$24/members: \$34/non-members

4 Pickle and Platform



PLATFORM TENNIS



Welcome to Meadow Creek East Now Featuring 2 Indoor Pickleball Courts!

Just 3 minutes down the frontage road at
679 Sheridan Boulevard,
you'll find our two dedicated indoor pickleball courts,
open to both members and non-members.



Live Ball Pickle - Wednesdays 4:30pm-6pm

Learn to Play - Sundays 4pm-5pm, 4 Week Sessions

Dink & Drink - Fun Social Play! December 6

Pickleball Leagues - Session 1 Starts November 6
Offering both Beginner and Intermediate Leagues

Permanent Court Time (PCT) - Great Times Available Now!

Check our website for details on all of our
pickleball programs!

LESSON SPECIAL: 50% Off Your First Pickleball Lesson!



Meadow Creek East is the perfect place to
host a private party or event!

Have questions, want more details,
or obtain access to a player directory?
Email: pickle@meadowcreektennis.com

Want to Play Platform Tennis?

Also known as paddle, this sport is mostly played
from September through April.

Looking for more details on leagues, drills, open play, game
arranging, socials, or obtaining access to a player directory?

Email paddle@meadowcreektennis.com.

Winter League

The most popular session of the winter league starts the week
of January 6. The league runs on Monday through Thursday
evenings from January through March.

VOLLEY TRAINER - BALL MACHINE

Come check out our new ball machine with
artificial intelligence! This ball machine is for
ALL LEVELS from beginner to advanced.

Email paddle@meadowcreektennis.com to schedule an app
training session with the staff before your 1st machine booking.

The use of the machine is included with the court fee;

Monday-Thursday • \$16/hour

Friday-Sunday • \$24/hour



MEADOW CREEK TENNIS & FITNESS CLUB

6305 West 6th Avenue, Lakewood, CO 80214 • 303.232.6272
MeadowCreekTennis.com • info@meadowcreektennis.com

7 Indoor Tennis Courts • 2 Indoor Pickleball Courts
2 Outdoor Platform Tennis Courts • Fitness Center • Cardio Tennis
Adult & Junior Programs Year Round • Non-Members Welcome