

2019–2020 Session Dates

Session 1: August 19 - September 21

5 weeks

No class 9/2 (Monday classes are 4 weeks)

Early registration \$20 discount by August 12

Session 2: September 23 - November 2

6 weeks

Early registration \$20 discount by September 16

Session 3: November 4 - December 28

8 weeks

No class 11/28, 12/24, 12/25 (Tuesday, Wednesday, Thursday classes are 7 weeks)

Early registration \$20 discount by October 28

Session 4: January 6 - February 29

8 weeks

Early registration \$20 discount by December 30

Session 5: March 2 - April 11

6 weeks

Early registration \$20 discount by February 24

Session 6: April 13 - May 23

6 weeks

Early registration \$20 discount by April 6

**Save and Purchase a Junior Membership
Only \$45 per Month**

**Register at least 7 days before a Session
begins and receive a \$20 discount**

Contact us at

303.232.6272

to register for any of our Sessions

Session Cancellation Policy: Cancellations must be done **at least 7 days** prior to the beginning of the Session. We will gladly refund all fees, less a \$10.00 processing fee. If you cancel **less than 7 days** before the Session, we will credit your fees toward another Session during the 2019-2020 season.

The Meadow Creek Junior Tennis Program is a developmental tennis program designed to provide children of all ages and abilities with a quality experience. Supervised by USPTA teaching professionals, our programs are taught in a positive and constructive manner to develop each child's ability while learning the lifelong sport of tennis.



Junior Membership Benefits for Only \$45 per Month!

- Discounted Junior group lessons
- Group Lesson Special: Attend first 5 Junior sessions, receive 50% off the 6th session
- Junior "Walk-on" rates (50% off court rate with same day reservation)
- Discounted rates for Junior Slammers and Private Lessons
- The average* Junior player could save approximately \$440 per year by becoming a Junior Member

**Based on an average number of programs, court time and lessons*

MEADOW CREEK
TENNIS & FITNESS CLUB

6305 West 6th Avenue • Lakewood, CO 80214

Phone 303.232.6272 • Fax 303.232.0150

info@meadowcreektennis.com

MeadowCreekTennis.com

Meadow Creek Tennis & Fitness Club



2019 • 2020
**JUNIOR
TENNIS
PROGRAMS**

JUNIOR RED BALL

Tuesdays 3:40pm-4:30pm
Saturdays 8:40am-9:30am

Suggested ages: 4-8

LEVEL I: Our entry level class for beginning juniors. This class uses 36' courts and the red foam or red felt, low compression ball. Emphasis is on developing motor skills, reaction/anticipation and sending and receiving the ball.

LEVEL II: Class focuses on increased stroke development, teamwork and rallying the ball back and forth using appropriate grips.

5 week Sessions: \$115 members and non-members
6 week Sessions: \$138 members and non-members
8 week Sessions: \$184 members and non-members

JUNIOR ORANGE BALL

Tuesdays & Thursdays 4:30pm-6:00pm
Saturdays 9:30am-11:00am

Suggested ages: 7-10

This class strongly emphasizes the proper techniques for all basic tennis strokes. Footwork, focus and reaction time skills are developed. This class uses the 60' courts and the orange low compression ball. Point play games are utilized.

5 week Sessions: \$174 members ▪ \$207 non-members
6 week Sessions: \$208 members ▪ \$248 non-members
8 week Sessions: \$278 members ▪ \$331 non-members

JUNIOR GREEN BALL

Mondays & Thursdays 4:30pm-6:00pm
Saturdays 11:00am-12:30pm

Suggested ages: 9-14

The primary focus for players at this stage is movement while using proper technique. Instructors emphasize the importance of using the correct grips for all shots. Live ball drills and games are used to prepare the students for match play. This class uses the green and yellow balls. Challenger level tournament play is encouraged. Entering players should be able to rally 8-10 balls in a row from the short court, 6-8 from full court and make 4 of 10 serves from the baseline.

5 week Sessions: \$174 members ▪ \$207 non-members
6 week Sessions: \$208 members ▪ \$248 non-members
8 week Sessions: \$278 members ▪ \$331 non-members

JUNIOR YELLOW BALL

Mondays & Wednesdays 4:30pm-6:00pm
Saturdays 12:30pm-2:00pm

Suggested ages: 13-18

Players at this level are playing or preparing to play high school tennis. Entering players must be able to maintain full court rallies of 6-8 balls, have knowledge of the basic grips and strokes and be able to make 5 of 10 serves.

5 week Sessions: \$174 members ▪ \$207 non-members
6 week Sessions: \$208 members ▪ \$248 non-members
8 week Sessions: \$278 members ▪ \$331 non-members

JUNIOR SLAMMERS

Fridays 4:30pm-6:30pm
Weekly enrollment ▪ Drop-ins Welcome

For all players looking to have fun on the court! Supervised point play situations and games focusing on tactics, shot selection and foot work. Green and/or Yellow balls are used in this class. All skill levels from MC Green Ball level and above (ages 11 and up) are welcome.

\$18 members/class ▪ \$26 non-members/class

ELITE YELLOW BALL

Mondays & Wednesdays 4:30pm-6:00pm
Saturdays 12:30pm-2:00pm

Suggested ages: 13-18

At this level, court strategy, conditioning, ball placement and shot selection are emphasized in a lively and challenging atmosphere. Real game situations are used to help the students focus on different spins, court movement and stroke refinement. Students at this level are Varsity high school tennis players and successfully competing in Challenger tournaments with the aspiration to play Championship level events. Private lessons are also recommended to achieve success at this level.

**Pro Approval Required for Elite Yellow Ball Participants*

5 week Sessions: \$174 members ▪ \$207 non-members
6 week Sessions: \$208 members ▪ \$248 non-members
8 week Sessions: \$278 members ▪ \$331 non-members

HIGH PERFORMANCE

Wednesdays 4:30pm-6:00pm
Saturdays 2:00pm-3:30pm

LEVEL 1*: This is an intensive program for the younger players (approximately ages 11-14) who strive to become open-level, competitive players. A combination of advanced stroke development, court strategy, conditioning, focus drills and match play are used to help them achieve their goals. It is recommended that participants in this program play tournaments and take private lessons to ensure their success.

Tuesdays & Thursdays 4:30pm-6:00pm
Saturdays 12:30pm-2:00pm

LEVEL II*: This is an intense program for the open-level competitive player. These players are often ranked at the Sectional or National level. This class is designed to develop and enhance dedicated tournament players' talent through a combination of court strategy, conditioning, focus drills, match play and on-court monitoring in a college-style practice environment. We encourage further development through tournament participation, interscholastic competition and private lessons.

**Pro Approval Required for all High Performance Participants*

5 week Sessions: \$208 members ▪ \$238 non-members
6 week Sessions: \$249 members ▪ \$285 non-members
8 week Sessions: \$332 members ▪ \$380 non-members

