

# ADULT TENNIS PROGRAMS

JUNE 2022 - AUGUST 2022

## ADULT MOD DRILLS

Meadow Creek offers “MOD” (Member Only Drills) for adults of all levels. MOD’s are adult classes that you can sign up for on a week-to-week basis.

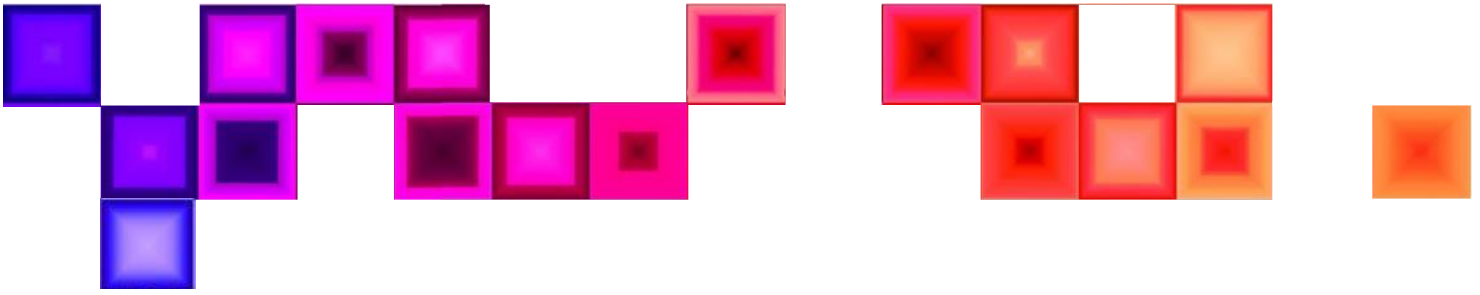
***Must be a Meadow Creek Member to participate in MOD drills.***

<b>Monday</b>	Intermediate Drill	3.0-4.0	6pm-7:30pm	\$28
<b>Tuesday</b>	Daytime Drill	2.5-3.5	12pm-1:30pm	\$28
<b>Tuesday</b>	Intermediate Drill	2.5-3.5	6pm-7:30pm	\$28
<b>Wednesday</b>	Highly Advanced Drill	4.0 and up	6pm-7:30 pm	\$28
<b>Thursday</b>	Daytime Drill	3.5 and up	12pm-1:30pm	\$28
<b>Saturday</b>	Advanced Drill	3.5 and up	8am-9:30am	\$28
<b>Saturday</b>	Intermediate Drill	3.0-3.5	9:30am-11am	\$28
<b>Sunday</b>	Intermediate Drill	3.0-3.5	11am-12:30pm	\$28
<b>Sunday</b>	Highly Advanced Drill	4.0 and up	12:30pm-2pm	\$28

Reservations can be made online for our Member Only Drills, or call **303.232.6272**. We take reservations 7 days in advance. Class sizes are limited.



*See backside for more Summer programs*



## ADULT DRILL & PLAY

Drill & Play's are open to both Members and Non-Members. The first half of the class is a drill then followed by supervised match play. **All players must play at their published USTA rating.**

<b>Tuesday*</b>	3.5-4.0	9am-11am	\$28 member   \$36 non-member
<b>Thursday</b>	3.0-3.5	9am-11am	\$28 member   \$36 non-member
<b>Friday**</b>	3.0-3.5	11am-1pm	\$28 member   \$36 non-member
<b>Friday**</b>	4.0 and up	11am-1pm	\$28 member   \$36 non-member
<b>Friday</b>	2.5-3.0	6pm-7:30pm (1.5 hr)	\$22 member   \$29 non-member

2 hour class 6-pack pricing: \$151.20 members | \$194.40 non-members

1.5 hour class 6-pack pricing: \$118.80 members | \$156.60 non-members

\* Summer schedule begins June 7

\*\* Summer schedule begins June 3



## CARDIO TENNIS

Cardio Tennis is a high-energy workout on the tennis court. This class will get your heart rate pumping and burn calories all while improving your game and fitness.

**Space is limited, advance registration required. All players must play at their published USTA rating.**

<b>Saturday</b>	2.5-3.5	11am-12pm	\$18.50 member   \$24 non-member
<b>Saturday</b>	3.5+	12pm-1pm	\$18.50 member   \$24 non-member

Buy a 6-Series Package and SAVE! \$99.90 members | \$129.60 non-members

REV 5.6.22

MEADOW CREEK  
TENNIS & FITNESS CLUB