



let the **summer**  
fun **begin!**

## 2023 tennis summer camps

junior red ball camp  
junior orange ball camp  
green ball camp  
saturday camps

thursday throw-down  
competitive tournament  
training  
junior tennis training

No rainouts here! All play is indoors to assure camps go on as scheduled.  
See backside for a detailed breakdown of all of our Junior summer programs.

Unsure of what camp to register for? Call us at **303.232.6272**  
or email **info@meadowcreektennis.com**.

*Our camps can be authorized as a deductible expense for dependent care.  
Restrictions do apply.*

Sibling discount available for weekly camps! \$20 off additional sibling for the same week.  
Only applies to weekly and Saturday camps, not Junior Tennis Training,  
Thursday Throw-Down, or Competitive Tournament Training

**MEADOW CREEK**

TENNIS & FITNESS CLUB

6305 West 6th Avenue, Lakewood, CO 80214 303.232.6272 | MeadowCreekTennis.com

## junior red ball camp

**Red Ball: Suggested Ages 4-7**

**Tuesday/Thursday 11am - 11:50am**

Junior Red Ball is designed to bring kids into the game utilizing age-appropriate equipment, including smaller racquets, lower bouncing balls and lower nets. It's a fun way to get kids into tennis and keep them playing for a lifetime. Registration is weekly.

**\$46 per week**

**June: May 30/1, 6/8, 13/15, 20/22, 27/29**

**July: 11/13, 18/20, 25/27**

**August: 1/3, 8/10**

## junior orange and green ball camp

**Orange Ball: Suggested Ages 7 - 10**

**Monday thru Friday 8am - 11am**

Junior Orange Ball emphasizes proper technique for all basic tennis strokes. The camp will follow a weekly all inclusive format. Orange low compression balls are used. Registration is weekly.

**Green Ball: Suggested Ages 9 - 14**

**Monday thru Friday 8am - 11am**

Junior Green Ball is for the player looking to improve their fundamental tennis skills and have fun doing it. Focus on movement while using proper technique. Registration is weekly.

**\$212 per week Members | \$232 per week Non-Members**

*(short weeks will be prorated)*

**June: May 30-2, 5-9, 12-16, 19-23, 26-30**

**July: 3-7(no 4th), 10-14, 17-21, 24-28**

**August: July 31-4, 7-11**

## thursday throw-down

**Suggested Ages 13 - 18**

**Thursday 11am - 1pm**

Is your teen looking for a chill day of just drills, music and fun on the court? If so, our Thursday Throw-Down may be just what they need. While we will be working on strategy, ball placement and shot selection, the emphasis will be on FUN! All play is with yellow balls. Designed for the high school aged competitors most likely playing on their high school team. Registration is weekly.

**\$40 per play Members | \$45 per play Non-Members**

**June: 1, 8, 15, 22, 29**

**July: 6, 13, 20, 27**

**August: 3, 10**

## competitive tournament training

**Tuesday 1:30pm-3:30pm**

Competitive Tournament Training (CTT) is for the committed player that is looking to compete in tournaments this summer. This is a Yellow Ball class with **Pro approval required**. (All Yellow Ball Elite, HP1 and HP2 players are pre-approved.) **All participants must be registered in our JrTT summer program as a prerequisite to CTT.** Our MC Pros will provide guidance to players and parents and help them navigate tournament logistics. Practices will include match strategy and tactics, patterns of play, mental toughness and more. Focus will mostly be on singles play. A MC Pro will attend 2 selected tournaments throughout the summer and provide feedback on player performance. Note: tournament fees are NOT included in program cost. **Pro approval required.**

**Competitive Tournament Training: Suggested Ages 12-18**

**\$350 Members | \$385 Non-Members**

**June 6, 13, 20, 27**

**July 11, 18, 25**

**August 1**

## saturday tennis camp

**Session 1: June 3, 10, 17, 24**

**Session 2: July 8, 15, 22, 29**

**Session 3: August 5, 12**

**Red Ball: Suggested Ages 4-7 9:30am - 10:20am**

Age-appropriate equipment is used for Junior Red Ball (smaller racquets, lower bouncing balls, lower nets.) This is for Junior players just getting into the game of tennis in a "Play to Learn" format.

**Session 1 or 2: \$88; Session 3: \$46**

**Orange /Green Ball: Suggested Ages 7-14 10:30am - 12pm**

Players continue to learn the basic fundamentals of tennis along with beginning court strategy, placement and shot selection in a lively and fun atmosphere.

**Session 1 or 2: \$139 Members | \$162 Non-Members**

**Session 3: \$72 Members | \$83 Non-Members**

## junior tennis training

Junior Tennis Training is an in-house program that provides both practices and matches for juniors ages 8-18. Matches are all played at Meadow Creek on Mondays, with practices on Wednesdays and Fridays. Contact Stanley Roffe at 303.232.6272 or [jtt@meadowcreektennis.com](mailto:jtt@meadowcreektennis.com) with questions.

**May 31 thru July 26**

**\$318 Members | \$348 Non-Members**