

GET A GRIP

[April 2024]

HIGHLIGHTS

- 1 Summer Camp Registration
- 2 Meet Cody Curtis
- 3 Drill & Play Changes
- 4 The Origin of Tennis Scoring

SAVE THE DATES

- 04.07 USTA 18+ Mxd Starts
04.10 Last 2.5–3.0 D&P for the Season
04.13 Free Guest Day
04.15 Jr Session 6 Early Regist. Deadline
04.15 USTA Adult 18+ Begins
04.19 First 2.5–3.0 D&P for Summer
04.22 Jr Session 6 Starts
05.01 USTA 55+ Begins
05.07 CTA Daytime Doubles Begins

1 Summer Camps

let the **summer** fun **begin!**



little tyke tennis
jr red ball camp
jr orange ball camp
jr green ball camp

saturday camps
high performance
junior tennis training

Our Summer Camp registration is officially open!

Registration is weekly for most camps.

Rest assured that there are no rainouts here as all play is indoors to assure camps go on as scheduled.

All our camp details can be found online under the “Junior” tab or pick up a flyer at the club. Unsure of what camp to register for? Call us at **303.232.6272** or email **info@meadowcreektennis.com**.

2 Meet Cody Curtis

We would like to introduce Cody Curtis, the newest member of the Meadow Creek family. Starting with humble beginnings in the parks and rec program in Missoula, Montana, Cody quickly developed a passion for tennis that would shape his future endeavors. His success on the high school tennis team, culminating in a State title during his senior year, marked the beginning of a promising tennis career. Transitioning to Montana State University, Cody continued to excel both academically and athletically. Graduating in just three years with a degree in applied mathematics and a minor in statistics, Cody's intellect and determination were evident both on and off the court. His leadership skills were also showcased as he took on the role of Club President for MSU's tennis team. After graduation, Cody relocated to Colorado to continue his tennis prowess and began coaching at Lakewood Park Tennis Center. It wasn't long before Meadow Creek caught wind of Cody, and knowing a good thing when we saw it, brought him on full-time. Beyond tennis, Cody's adventurous spirit shines through with his love for activities like disc golf, rock climbing, and hitting the gym to build his finger strength. His boundless energy and passion for staying active make him a well-rounded individual and one we are proud to call family!



If you are interested in booking a lesson with Cody, he can be reached at 303.232.6272 or cjcurtis2001@msn.com.

JUNIOR TENNIS TRAINING



Tennis Makes Me Happy.

Our Junior Tennis Training (JrTT) is an in-summer program that provides competition for Juniors ages 8-18, of all levels (Orange/Green/Yellow ball). Matches are on Mondays, with practices on Wednesdays and Fridays. New this year, we will add interclub matches on some Mondays.

All matches will now be factored into the players WTN (World Tennis Number) rating. This will be beneficial for tracking your players' tennis progress based on actual performance. Players do not need to be available all weeks to participate.



Call 303.232.6272 with any questions, or email jtt@meadowcreektennis.com

More details and registration forms can be found online under the "Junior" tab, or pick up a flyer at Meadow Creek

3 Drill & Play Changes



As we enter the summer months, we shift around a few of our Drill & Plays to better utilize our indoor courts with the summer programming. See below for the upcoming changes. Remember, Drill & Plays are open to both members and non-members.

Our Member Only Drills (MOD's) and Saturday Cardio classes will remain at the same times as they have been throughout the year.

LEVEL	CURRENT TIMESLOT	SUMMER SCHEDULE	START DATE	LAST DATE
3.5-4.0	Mondays @ 9am-11am	Tuesdays @ 9am-11am	May 28	August 27
2.5-3.0	Wednesdays @ 7:30pm-9pm	Fridays @ 6pm-7:30pm	April 19	August 30
3.0-3.5	Thursdays @ 9am-11am	No Change	N/A	N/A
3.0-3.5	Fridays @ 1pm-3pm	Fridays @ 11am-1pm	May 31	August 30
4.0 and up	Fridays @ 1pm-3pm	Fridays @ 11am-1pm	May 31	August 30

2-hour class: \$30/member; \$38/non-member / 1.5-hour class: \$24/member; \$31/non-members

Members: Buy a 6-pack and save 10%

Members can reserve 7 days in advance; non-members 48 hours in advance

JUNIOR TENNIS PROGRAMS

Our final Junior Session of the season runs from April 22-May 25.

Register by April 15th for Jr Session 6 and receive a \$20 discount.

See our website under the "Junior" tab for details of all of our junior classes.



Better Body. Better Life.

We all need a little help to achieve our fitness goals. Set yourself up to keep your New Year's fitness resolutions by working with a personal trainer, and we have just the guy for you! Call Matt when you are ready to build strength, drop weight, improve your flexibility and transform your on-court experience. Matt can be reached at mmoskal@meadowcreektennis.com.

Registration is open for the following leagues. Contact Jody Dart at jdart@meadowcreektennis.com if you are interested in captaining a team or possibly joining an existing team.



USTA Adult 55+	May 1	June 14	Minimum Roster Deadline: March 29
CTA Daytime Doubles	May 7	June 20	Minimum Roster Deadline: March 29
USTA 40+ Mixed	May 26	July 7	Minimum Roster Deadline: April 26
USTA 40+ Adult	June 3	July 18	Minimum Roster Deadline: May 3
CTA Adult 18-39	June 3	July 18	Minimum Roster Deadline: May 3
CTA Women's 2.5	June 5	July 17	Minimum Roster Deadline: May 3
USTA Adult 65+	June 26	August 8	Minimum Roster Deadline: May 24
CTA Summer Daytime	June 25	August 8	Minimum Roster Deadline: May 24

4 Origin of Tennis Scoring

Love, 15, 30, 40. What's the deal with tennis scoring? There is no shortage of theories. Here are a few of them:

When a team in any sport comes up empty-handed on points, it's often said that there was a big ol' goose egg on the scoreboard. Some people believe that a similar French expression is the reason zero points is called "love" in tennis. L'oeuf is French for egg. The thought is that over the years, we've slowly butchered the pronunciation into "Love". The Oxford English Dictionary suggests that love really does mean, love. The only thing keeping a scoreless player on the court is the love of the game. A final love theory that doesn't involve any kind of mistranslation or mispronunciation at all: When both players start at zero points and no one is winning or losing, they still have love for each other.



Now that love is as clear as mud, let's figure out why tennis is scored in what appears to be a completely random jumble of numbers. Before there was tennis, there was a French game called jeu de paume (palm game) that was very similar to tennis, but players used their hands instead of a racquet. The scoring system we use for tennis today was based on jeu de paume's system, but the reason for that 15-30-40 game scoring is still a little shaky. One possible theory is that, back in the pre-Revolution days, the 1000+ jeu de paume courts in France were 90 feet total, 45 per side. Upon scoring, the server got to move up 15 feet. Another score meant another 15-foot scoot forward, etc. Another, more common theory is, if you ever noticed the scoring system's similarity to a clock face, you're not alone. Basically, you are just playing your way around the clock. This makes even more sense when you know that in medieval numerology, the number 60 was considered a nice, round number, the way 100 is a satisfying set of digits today. Whichever is the correct answer, it's generally agreed that scoring used to be exactly what any logical person thinks it should be: 15, 30, 45, 60 (game). Over time, we've adapted 45 to 40 because it's more clearly understood when yelled out on a court; "forty" can't be confused with any other number.

Just some fun facts to help break the ice before, during, or after your next match!



FREE GUEST DAY
saturday, april 13
no guest fees but court fees apply - one guest per member



MEADOW CREEK TENNIS & FITNESS CLUB

6305 West 6th Avenue, Lakewood, CO 80214 • 303.232.6272
MeadowCreekTennis.com • info@meadowcreektennis.com

7 Indoor Tennis Courts • 3 Outdoor Tennis Courts • 2 Outdoor Paddle Courts
Pickleball Open Play & Lessons • Fitness Center • Pro Shop • Cardio Tennis
Adult & Junior Programs Year Round • Non-Members Welcome