



August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9am 3.0/3.5 Drill & Play 12pm Daytime Drill	2 11am 3.5/4.0+ Drill & Play 11am 4.5+ Drill & Play 6pm 2.5/3.0 Drill & Play	3 8am 3.5-5.0 Adv Drill 8:30am 2.5-3.5 Cardio 9:30am 3.5+ Cardio 10:30am 3.0-3.5 Int Drill
4 11am 3.0-3.5 Int Drill 12:30pm 4.0-5.0 Hi Adv Drill	5 6pm 3.5 Intermediate Drill	6 9am 4.0 Drill & Play	7 6pm 4.0+ Drill	8 9am 3.0/3.5 Drill & Play 12pm Daytime Drill	9 11am 3.5/4.0+ Drill & Play 11am 4.5+ Drill & Play 6pm 2.5/3.0 Drill & Play	10 8am 3.5-5.0 Adv Drill 8:30am 2.5-3.5 Cardio 9:30am 3.5+ Cardio 10:30am 3.0-3.5 Int Drill
Adult Summer Tournament August 7-11						
11 11am 3.0-3.5 Int Drill 12:30pm 4.0-5.0 Hi Adv Drill Adult Summer Tournament	12 6pm 3.5 Intermediate Drill	13 9am 4.0 Drill & Play	14 6pm 4.0+ Drill	15 9am 3.0/3.5 Drill & Play 12pm Daytime Drill	16 11am 3.5/4.0+ Drill & Play 11am 4.5+ Drill & Play 6pm 2.5/3.0 Drill & Play	17 8am 3.5-5.0 Adv Drill 8:30am 2.5-3.5 Cardio 9:30am 3.5+ Cardio 10:30am 3.0-3.5 Int Drill FREE GUEST DAY
18 11am 3.0-3.5 Int Drill 12:30pm 4.0-5.0 Hi Adv Drill	19 6pm 3.5 Intermediate Drill	20 9am 4.0 Drill & Play	21 6pm 4.0+ Drill	22 9am 3.0/3.5 Drill & Play 12pm Daytime Drill	23 11am 3.5/4.0+ Drill & Play 11am 4.5+ Drill & Play 6pm 2.5/3.0 Drill & Play	24 8am 3.5-5.0 Adv Drill 8:30am 2.5-3.5 Cardio 9:30am 3.5+ Cardio 10:30am 3.0-3.5 Int Drill
25 11am 3.0-3.5 Int Drill 12:30pm 4.0-5.0 Hi Adv Drill	26 6pm 3.5 Intermediate Drill	27 9am 4.0 Drill & Play	28 6pm 4.0+ Drill	29 9am 3.0/3.5 Drill & Play 12pm Daytime Drill	30 11am 3.5/4.0+ Drill & Play 11am 4.5+ Drill & Play 6pm 2.5/3.0 Drill & Play	31 8am 3.5-5.0 Adv Drill 8:30am 2.5-3.5 Cardio 9:30am 3.5+ Cardio 10:30am 3.0-3.5 Int Drill