



CREEKSID E



FUN IN THE SUMMERTIME!

Summer Membership Special

Do you know anyone that wants to join an amazing indoor, year-round tennis club? If so, now is the perfect time! Join during our Summer special and save the \$275 initiation fee! Our Summer memberships start at \$398 for the entire Summer (June, July, August).

Plus, if they join in April, they will get the month of May free. Can't beat that deal!

C'mon, grab your pal and get them to join your Club. Don't forget, you get 2 hours of free court time plus a \$50 gift certificate for any new member you refer.



7 Indoor Heated Tennis Courts

3 Outdoor Tennis Courts

2 Outdoor Platform Courts

- 3 Social Lounges:
 - 1 with Tennis Viewing
 - 1 with Fireplace
 - 1 Outdoor Relaxation area with Fireplace

Cardio and Resistance Training Equipment

Strength/Conditioning and Personal Training

Senior Fitness and Silver Sneakers Classes

Massage and Skin Care

- Tennis Pro Shop:
 - Shoes
 - Racquets
 - Gifts & Accessories

MeadowCreekTennis.com
info@meadowcreektennis.com

6305 West 6th Avenue
in Lakewood

303.232.6272



What Happens at Meadow Creek all Summer?



First and foremost - let me start out by saying **"Free Court Time!"**

That's right, **Free Indoor and Outdoor court time all Summer long!** Beginning June 1st, members can use our indoor and outdoor courts at no charge during June, July and August. Just think about it, you can play all the indoor tennis you want all Summer long! Use the ball machine, practice your serves, play some singles, put together a doubles match, you name it, you get it! We just want you to keep your momentum going and enjoy our fine courts!

The benefits of Summer membership at Meadow Creek includes:

- Add a little "insurance" to your game with our free Indoor court time. Can't get rained out if you're playing indoors!
- No nasty sunburns when playing indoors.
- Our USTA/CTA league policy allows our Members to come use the Indoor courts free of charge in the event of inclement weather (even if you were scheduled at a different facility*).
- Rest comfortably knowing that any league make-up matches won't get rained out, yet again, when you play indoors*.
- Members who play tournaments and have weather issues can come to MC and use the Indoor courts for free (provided you are allowed to play your match offsite).*
- Members who use our Club in the summertime create a whole lot more value in their membership!
- Members can still reserve courts up to seven days in advance.

***Guest Fees and Non-Member court fees may still apply**

JUNIOR SUMMER TENNIS

Summer Junior Tennis Programs



Weekly Camps

Weekly camps start the week of May 28. Registration is weekly. No camp week of June 24.

Junior Red Ball: Ages 4-7
Tuesday/Wednesday/Thursday 9:30am-10:20am
\$63/week

Junior Orange: Ages 7-10
Monday thru Friday 9:00am-12pm
\$208/week Members \$228/week NM

Green Ball: Ages 9-14
Monday thru Friday 9:00am-12pm
\$208/week Members \$228/week NM

Junior Elite Yellow Ball*: Ages 13-18
Tuesday & Wednesday 7:30am-9:30am
\$105/week Members \$118/week NM

Junior High Performance*:
Tuesday/Wednesday/Thursday 7:30am-9:30am
\$158/week Members \$178/week NM

\$20 off additional sibling for the same week!
Our Camps qualify as a deductible expense for dependent care

** pro approval required*

Saturday Morning Lessons

Session 1: June 1, 8, 15, 22, 29
Session 2: July 6, 13, 20, 27, August 3

Red Ball: Suggested Ages 4-7
9:30am-10:20am
\$110/5-week Session

Orange Ball/Green Ball: Suggested Ages 7-14
10:30am-12pm
\$168/Session Members \$198/Session NM

Summer Slammers

Drop-In Play: Suggested Ages 12 and up
Thursdays 1pm-3pm
\$18/Members \$26/NM



Make friends. Have fun. Play Junior Team Tennis.

IMPORTANT DATES:

- **Registration Deadline: April 25**
(late registrations accepted if space available)
- First Practice: May 29
- Parent Information Meeting: June 5
- First Match: June 10
- Last Regular Season Match: July 22
- Player Awards BBQ: July 24
- State Championship: August 2-4
(for qualifying teams)



MEADOW CREEK TENNIS & FITNESS CLUB JUNIOR TEAM TENNIS

Junior Team Tennis (JTT) is a 10 week program that provides team competition for Juniors ages 8-18 of all skill levels. Matches are played on Mondays with rain or shine practices on Wednesdays and Fridays. This is a fantastic opportunity to play other junior players from the Denver Metro area! Players do not need to be available all 10 weeks to participate.



Contact Stanley Roffe at
303.232.6272 or
jtt@meadowcreektennis.com
with any questions regarding JTT

\$298/members
\$328/non-members

HAPPENINGS AT MEADOW CREEK



**Free Guest Day:
Saturday, April 27th**

SPRING SMASH INDOOR DOUBLES PICKLEBALL TOURNAMENT

Friday/Saturday/Sunday
April 5-7, 2019
Men's & Women's Doubles (3.5-4.5)
Mixed Doubles (3.0-4.5)
To register call 303.232.6272 or
email jstokes@meadowcreektennis.com

**Last Junior Session
before Summer!**

Session 6: April 15-May 25

Register by April 8th for the
\$20 early registration discount!

Monday, April 8th • 5:30pm - 8:30pm

Come on by and meet with Ryan Griffin, Meadow Creek's Strength & Conditioning coach, and 5280 a Cryo and Recovery Clinic. Both parties have offerings to help you achieve your tennis goals. Whether you are injured or just want to take your game to the next level, you owe it to yourself to stop by!

Tennis Specific Strength & Conditioning



Strength and conditioning is an important part of taking your game to the next level. The ability to improve your in-game skills as well as prevent injury should be a critical component in every player's toolbox. Meadow Creek's Ryan Griffin is a personal trainer who can help you achieve your goals. With 11 years of strength and conditioning experience working with clients of all ages, his goal is to help you to move as pain-free and efficiently as possible, not only on the court, but in your everyday life.



Join us for an upper body injury prevention class and free use of our recovery tools!

We will have staff docs and athletic trainers to discuss common injuries associated with tennis. Players will be able to talk one-on-one with a staff member about your particular condition. We will provide our recovery equipment for free use and will offer a 50% discount coupons for use at any of our 4 locations. Please join us and keep yourself active on the court!

**Whole Body Cryotherapy | Cold Compress Units
Complex EMS Units | Normatec Compression Units**

**Come Meet Ryan and Find Out
What He Can Do for You**
Free One-Hour Training Session
FOR ALL NEW CLIENTS



CLUB UPDATES

Congratulations to our In-House League Winners from Session 3!

- Women's 2.5 Singles - *Sonya Sava*
- Women's 3.0 Singles - *Deb Alper*
- Women's 3.5 Singles - *Michele Healy*
- Women's 3.5/4.0 Singles - *Michele Healy*
- Men's 3.5 Singles - *Dave Kulman*
- Men's 4.0 Tuesday Singles - *Barry Mendeloff*
- Men's 4.0 Sunday Singles - *Chris Evans*
- Men's 4.5 Singles - *Brandon Price*
- Men's & Women's 3.0 Doubles - *Catherine Mulhern & Dean Ogawa*
- Men's & Women's 3.5 Doubles - *Chris Vinci & Michele Healy*

Lots of Important Dates Coming Up! Here's the rundown:

- April 7 USTA Mixed Leagues begin
- April 8 Jr Session 6 early registration deadline
- April 15 Jr Session 6 starts
- April 16 Senior Breakfast League ends
- April 18 PCT ends
- April 19 Silverbeards ends
- April 20 Trio League ends
- April 21 Club closed for Easter
- April 22 USTA 18+ League kicks-off
- April 25 JTT registration deadline
- April 26 Last day of Ladies Interclub
- April 27 Free Guest Day
- May 1 USTA 55+ League begins
- May 2 Jr Challenger Tournament registration closes



Researchers found that people who played tennis added an average of 9.7 years to their lives, compared to 3.7 for cyclists, 3.2 for joggers, and 1.5 for those who just worked out.

Just one more reason to play **TENNIS!**

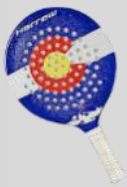
Meadow Creek Junior Challenger Tournament

• • • • •
May 9-12, 2019

Boys & Girls Singles
18/16/14/12/10

10s Tagged
Register on Tennislink by 5/2:
#250003419

PLATFORM TENNIS



Whether you are a beginner or have played paddle for years:

All players will receive their first lesson with Brock Borman for only \$20

As our weather starts getting nicer, it's a perfect time of the year to consider playing Paddle Tennis! We have two beautiful courts right in our backyard. If you haven't tried paddle yet, what are you waiting for? Are you a pickleball player? If so, our paddle courts are lined for pickleball and we encourage you to try some pickleball outdoors!

Court Rental Rate for April thru August:

- \$12 per hour for Meadow Creek Members at all times
- \$16 per hour for all Non-Members at all times

MEADOW CREEK

TENNIS & FITNESS CLUB

Monday to Thursday 6am - 10pm
Friday 6am - 9pm • Weekends 8am - 8pm
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MeadowCreekTennis.com