

Adult Tennis Programs



September 2018-May 2019

Whether you're new to tennis, looking to improving your game, or already an expert, Meadow Creek has a program for you. We have lessons, leagues, drills and social events for all levels and ages. Come get involved to stay fit, have fun and make friends

Adult MOD Drills

Meadow Creek offers "MOD" (member only drills) for adults of all levels. Drills are adult classes that you can sign up for on a week-to-week basis. **Must be a Meadow Creek member to participate in MOD drills.**

		<u>Level</u>	<u>Time</u>	<u>Cost</u>
Monday	Intermediate Drill	3.0-3.5	6:00-7:30pm	\$28
Wednesday	4.0+ Drill	4.0-5.0 only	6:00-7:30 pm	\$28
Thursday	Daytime Drill	all	12:00-1:30pm	\$28
Saturday	Advanced Drill	3.5+ -5.0	8:00-9:30am	\$28
	Intermediate Drill	3.0-3.5	10:30-12:00pm	\$28
Sunday	Intermediate Drill	3.0-3.5	11:00-12:30pm	\$28
	Highly Advanced Drill	4.0-5.0 only	12:30-2:00pm	\$28

Adult Drill and Play

Meadow Creek also offers "Drill & Play" for members and non-members. These classes are designed to take your game up a notch or practice for league play. Includes an hour of drills followed by an hour of supervised match play. See monthly calendar for begin/end dates.

4.0 +	Mondays 9:00-11:00am
2.5/3.0	Wednesdays 7:30-9:00pm* (1.5 hr)
3.0/3.5	Thursdays 9:00-11:00am
3.5/4.0 +	Fridays 12:30-2:30pm
4.5+	Fridays 1:00-3:00pm



Cost: \$28/members, \$36/non-members. (6-pack \$151/m, \$194/nm)

*Wednesday evening class: \$22/members, \$29/non-members (6-pack \$119/m, \$157/nm)

Cardio Tennis



Cardio Tennis is a group activity for adults that combines tennis with a fun, high-energy cardiovascular workout, all taking place on the tennis court. This class will get your heart rate pumping, burn calories, improve your fitness...and improve your game!

Cost: \$18.50/members, \$24/non-members (Buy a 6-Series Package and SAVE! Cost: \$99.90 members, \$129.60/non-members)

Times: Saturdays 2.5-3.5 8:30-9:30am
Saturdays 3.5+ 9:30-10:30am

Now 1 hour! New time! New Level Breakdown!
Space is limited, advanced registration recommended

Meadow Creek offers

- 7 indoor heated tennis courts
- 3 outdoor tennis courts
- Paddle Tennis & Pickleball courts
- 2 social lounges
- Fully equipped resistance training room
- Cardio Equipment room
- Massage Services
- Tennis Pro Shop
Shoes
Racquets
Bags &
Accessories

303-232-6272
www.meadowcreektennis.com

facebook

Ladies Interclub

Ladies Interclub at Meadow Creek is 2 hours of fun, competitive doubles against other ladies from all over the Denver metro area. **All players must play their published NTRP rating.**

- Sign up for 1 month at a time – no long term commitment required.
- Participants may sign up for individual dates each month. Priority will be given to members and those who commit to the entire month.
- Availability for the following month must be received by the **20th of the prior month.**
- Players are responsible for finding their own sub. Sub lists will be provided.
- Sign up individually or with a partner.



2.5	Fridays	11:00am-1:00pm
3.0	Fridays	9:00-11:00am, 11:00am-1:00pm
3.5	Mondays	1:00-3:00pm
4.0	Tuesdays	1:00-3:00pm
4.5	Thursdays	9:00-11:00am

Cost: Members: \$16/day, Non-members: \$22/day (plus a \$30 non-member registration fee per session)

Session 1: September-December, Session 2: January-April. Registration forms can be found on our website.

Men's Day

Guys, if you enjoy fun, competitive doubles, join us on Wednesday afternoons for our popular Men's Day. Play with different partners. Levels 3.5-4.0. Participants will be grouped by level. Cost: \$20/members \$28/non-members.

Wednesdays 11:00am-1:00pm (begins 10/3/18)



Learn To Play

Meadow Creek offers the "Q" series of "learn to play" sessions on an ongoing basis. Perks include club membership privileges and free use of demo racquets for first-time participants.

Beginner Quickstart:	Thursdays 6:00-7:00pm or Saturdays 9:30-10:30am
Intermediate Quickstart:	Thursdays 7:00-8:00pm or Saturdays 10:30-11:30am
Advanced Quickstart:	Thursdays 8:00-9:00pm or Saturdays 11:30-12:30pm

Cost: Any 6-week Quickstart Series: \$108/Member, \$248 Non-Member*

** First time participants receive an introductory special and may take up to two sessions at Member rates*

OFFICIAL SITE



Private Lessons

Meadow Creek's expert Tennis Pros can help you take your game to the next level! Private lessons offers you the opportunity to tailor your training to your specific needs. Our pros are experienced in all aspects of the game at every level. Whether you are just starting out or aiming to win your next tournament, we have you covered! Semi-private lessons with groups of 2-8 players can also be arranged. Contact the front desk to schedule a private or semi-private lesson.



In-House Leagues

We offer 3 sessions of doubles or singles leagues for men and women. Sessions are 6-8 weeks long, depending on league. Members are guaranteed participation before non-members are allowed to register. Spots for non-members will open up 2 weeks prior to the session start date. Email rlacjak@meadowcreektennis.com to sign up. Members are guaranteed participation before non-members. Non-member registrations opens two weeks prior to Session start date.

Ladies Leagues

- 2.5 Singles League: Mondays ~ 11:00am-12:30pm
- 2.5 Singles Flex League: Fridays ~ 6:30-8:00pm
- 3.0 Singles League : Sundays ~ 11:30am-1:00pm
- 3.0 Doubles Trouble: Thursdays ~ 8:00-10:00pm
- 3.5 Singles League: Wednesdays ~ 1:00-2:30pm
- 3.5/4.0 Singles League: Sundays ~ 10:00-11:30am
- 3.5/4.0 Doubles Trouble: Fridays ~ 6:30-8:30pm
- 4.5 Singles League: Wednesdays ~ 9:00-10:30am
- 4.5+ Singles League: Sundays ~ 2:30-4:00pm

Men's Leagues

- 3.5 Singles League: Wednesdays ~ 8:00-9:30pm
- 3.5/4.0 Doubles League: Fridays ~ 6:30-8:30pm
- 4.0 Singles League: Tuesdays ~ 8:00-9:30pm
- 4.5+ Singles League: Sundays ~ 5:00-6:30pm
- 5.0 Men's BIG DOGS Doubles League: Mondays ~ 8:00-10:00pm

*See our
In-House
league flyer
for session
dates and
prices*

Senior Breakfast League

Early morning coed doubles for Seniors ages 55 and over. Enjoy an hour and a half of fun and competitive doubles with men and women from all over the city. Two 15-week sessions will be offered.

2.5-3.5 level ~ Tuesdays 7:30-9:00am

Cost (per 15 week session): \$139/MC members; \$158/non-members



Pickleball

Pickleball is a paddle sport created for all ages and skill levels. The rules are simple and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Drop-ins welcome!

Cost: \$6/person

Tuesdays 10am-1pm

Wednesdays 7am-10am

Sundays 5pm-8pm

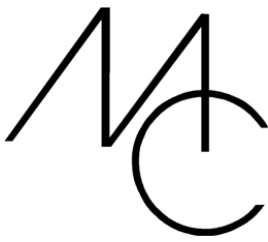


Pickleball lessons are available. Please contact info@meadowcreektennis.com or Graham Mustoe at gmustoe@gmail.com.

Paddle Tennis

Paddle/Platform tennis is a great game to play in all temperatures, especially with the low bounce ball. Both balls and demo paddles are available at the front desk. You can also use the platform tennis courts to play pickleball (demos available). Check our website www.MeadowCreekTennis.com for more information on our organized leagues and clinics. To get on the informational distribution list please contact us at: paddle@meadowcreektennis.com





September 2018-May 2019

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Fax: 303-232-0150

E-mail: info@meadowcreektennis.com

www.meadowcreektennis.com



Permanent Court Time (PCT)

Meadow Creek offers the convenience of Permanent Court Time (PCT) blocks. Permanent Court Time is a program where members may purchase indoor court time for an entire season. The cost of each particular block of time is divided among the players. Contact Margaret Nuccio at ext 17 for more information.

Tennis Super Drills & Socials

Our legendary Super Drill Socials include a fun night filled with energizing drills, games and prizes! Enjoy light appetizers & beverages afterwards. Members and Non-Members **3.0 and above** are welcome. 2 hours of tennis drills with your Meadow Creek Pros, followed by 1 hour of open-play/social hour.

US Open Super Drill Saturday, September 8th 5:00-8:00pm

Pilgrim Super Drill Wednesday, November 21st 6:00-9:00pm

Reindeer Games Super Drill Wednesday, December 19th 6:00-9:00pm

Cost: \$30/members, \$38/non-members

Our Socials are the time to just play and have fun! These events are potluck. 2 hours court time.

Halloween Social Friday, October 26th 6:30-9:00pm

Family Night Social Friday, January 25th 6:30-9:00pm

Valentine Social Friday, February 15th 6:30-9:00pm

Cost: \$18/members, \$22/non-members

Club Championships & Member Appreciation Weekend

It's a Member Only Weekend Event! Members & Employees play for Singles & Doubles titles at every level including our new Junior Open Singles division, as well as combined-level Mixed Doubles 6.0/7.0/8.0/9.0. The weekend will be filled with tennis, food, prizes and lots of FUN! Mark your calendars and get ready to spend the weekend with your Meadow Creek family!

Saturday & Sunday - February 9-10

Cost: \$22/singles, \$15/person for doubles



Court Fees

Court Reservations: Tennis Courts, Ball Machines and Drill times may be reserved by calling the Front Desk at 303.232-6272.

Court Fees: Outdoor court time is always free of charge for Members. Members may reserve Indoor or Outdoor courts up to one week in advance. Indoor courts are free of charge for Members June thru August.

Indoor Season (September - May) Court Fee:

\$34/hour for Prime time (Monday - Friday 9am-9pm & all day Saturday & Sunday)

\$28/hour for Non-Prime time (Monday - Friday 6am-9am and 9pm-close)

Ball machine: May be added to court reservations at no additional charge.

Guest Fees: Guests are charged a daily Guest Fee of **\$18.00** per adult and **\$14.00** per child under the age of 18. Court fees for guests not accompanied by a Member are an additional \$5.00/hour above Member rates.