

# 2018-2019 Session Dates

**Session 1: August 20 - September 22**  
5 weeks  
No class 9/3 (Monday classes are 4 weeks)  
Early registration \$20 discount by August 13

**Session 2: September 24 - November 3**  
6 weeks  
Early registration \$20 discount by September 17

**Session 3: November 5 - December 29**  
8 weeks  
No class 11/22, 12/24, 12/25 (Monday/  
Tuesday/Thursday classes are 7 weeks)  
Early registration \$20 discount by October 29

**Session 4: January 7 - March 2**  
8 weeks  
Early registration \$20 discount by December 31

**Session 5: March 4 - April 13**  
6 weeks  
Early registration \$20 discount by February 25

**Session 6: April 15 - May 25**  
6 weeks  
Early registration \$20 discount by April 8

**Save and Purchase a Junior Membership  
Only \$45 per Month**

**Register at least 7 days before a Session  
begins and receive a \$20 discount**

Contact us at:

**303.232.6272**

**to Register for any of our Sessions**

**Session Cancellation Policy:** Cancellations must be done **at least 7 days** prior to the beginning of the Session. We will gladly refund all fees, less a \$10.00 processing fee. If you cancel **less than 7 days** before the Session, we will credit your fees toward another Session during the 2018-2019 season.

The Meadow Creek Junior Tennis Program is a Developmental tennis program designed to provide children of all ages and abilities with a quality experience. Supervised by USPTA teaching professionals, our programs are taught in a positive and constructive manner to develop each child's ability while learning the lifelong sport of tennis.



## Junior Membership Benefits for Only \$45 per Month!

- Discounted Junior group lessons
- Group Lesson Special: Attend first 5 Junior sessions, receive 50% off the 6th session
- Junior "Walk-on" rates (50% off court rate with same day reservation)
- Discounted rates for Junior Slammers and Private Lessons
- The average\* Junior player could save approximately \$440 per year by becoming a Junior Member

*\*Based on an average number of programs, court time and lessons*

MEADOW CREEK

TENNIS & FITNESS CLUB

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2018 - 2019  
**JUNIOR  
TENNIS  
PROGRAMS**

## JUNIOR RED BALL

**Tuesdays 3:40-4:30pm**  
**Saturdays 8:40-9:30am**

Suggested ages: 4-8

**LEVEL I:** Our entry level class for beginning juniors. This class uses 36' courts and the red foam or red felt, low compression ball. Emphasis is on developing motor skills, reaction/anticipation and sending and receiving the ball.

**LEVEL II:** Class focuses on increased stroke development, teamwork and rallying the ball back and forth using appropriate grips.

5 week Sessions: \$115 members and non-members  
6 week Sessions: \$138 members and non-members  
8 week Sessions: \$184 members and non-members

## JUNIOR ORANGE BALL

**Tuesdays & Thursdays 4:30-6:00pm**  
**Saturdays 9:30-11:00am**

Suggested ages: 7-10

This class strongly emphasizes the proper techniques for all basic tennis strokes. Footwork, focus and reaction time skills are developed. This class uses the 60' courts and the orange low compression ball. Point play games are utilized.

5 week Sessions: \$174 members ▪ \$207 non-members  
6 week Sessions: \$208 members ▪ \$248 non-members  
8 week Sessions: \$278 members ▪ \$331 non-members

## JUNIOR SLAMMERS

**Fridays 4:30-6:30pm**

**Weekly enrollment ▪ Drop-ins Welcome!**

For all players looking to have fun on the court! Supervised point play situations and games focusing on tactics, shot selection and foot work. Green and/or Yellow balls are used in this class. All skill levels from MC Green Ball level and above (ages 11 and up) are welcome.

\$18 members/class ▪ \$26 non-members/class

## JUNIOR GREEN BALL

**Mondays & Thursdays 4:30-6:00pm**  
**Saturdays 11:00am-12:30pm**

Suggested ages: 9-14

The primary focus for players at this stage is movement while using proper technique. Instructors emphasize the importance of using the correct grips for all shots. Live ball drills and games are used to prepare the students for match play. This class uses the green and yellow balls. Challenger level tournament play is encouraged. Entering players should be able to rally 8-10 balls in a row from the short court, 6-8 from full court and make 4 of 10 serves from the baseline.

5 week Sessions: \$174 members ▪ \$207 non-members  
6 week Sessions: \$208 members ▪ \$248 non-members  
8 week Sessions: \$278 members ▪ \$331 non-members

## JUNIOR YELLOW BALL

**Mondays & Wednesdays 4:30-6:00pm**  
**Saturdays 12:30-2:00pm**

Suggested ages: 13-18

Players at this level are playing or preparing to play high school tennis. Entering players must be able to maintain full court rallies of 6-8 balls, have knowledge of the basic grips and strokes and be able to make 5 of 10 serves.

5 week Sessions: \$174 members ▪ \$207 non-members  
6 week Sessions: \$208 members ▪ \$248 non-members  
8 week Sessions: \$278 members ▪ \$331 non-members

## HIGH SCHOOL SLAMMERS

**Sundays 3:00-5:00pm**

**Weekly enrollment ▪ Drop-ins Welcome!**

Same fun program as Junior Slammers only exclusively for high school players. All skill levels from MC Yellow Ball level and above are welcome.

\$18 members/class ▪ \$26 non-members/class

## ELITE YELLOW BALL

**Mondays & Wednesdays 4:30-6:00pm**  
**Saturdays 12:30-2:00pm**

Suggested ages: 13-18

At this level, court strategy, conditioning, ball placement and shot selection are emphasized in a lively and challenging atmosphere. Real game situations are used to help the students focus on different spins, court movement and stroke refinement. Students at this level are Varsity high school tennis players and successfully competing in Challenger tournaments with the aspiration to play Championship level events. Private lessons are also recommended to achieve success at this level.

**\*Pro Approval Required for Elite Yellow Ball Participants**

5 week Sessions: \$174 members ▪ \$207 non-members  
6 week Sessions: \$208 members ▪ \$248 non-members  
8 week Sessions: \$278 members ▪ \$331 non-members

## HIGH PERFORMANCE

**Wednesdays 4:30-6:00pm**  
**Saturdays 2:00-3:30pm**

**LEVEL 1\*:** This is an intensive program for the younger players (approximately ages 11-14) who strive to become open-level, competitive players. A combination of advanced stroke development, court strategy, conditioning, focus drills and match play are used to help them achieve their goals. It is recommended that participants in this program play tournaments and take private lessons to ensure their success.

**Tuesdays & Thursdays 4:30-6:00pm**  
**Saturdays 12:30-2:00pm**

**LEVEL II\*:** This is an intense program for the open-level competitive player. These players are often ranked at the Sectional or National level. This class is designed to develop and enhance dedicated tournament players' talent through a combination of court strategy, conditioning, focus drills, match play and on-court monitoring in a college-style practice environment. We encourage further development through tournament participation, interscholastic competition and private lessons.

**\*Pro Approval Required for all High Performance Participants**

5 week Sessions: \$208 members ▪ \$238 non-members  
6 week Sessions: \$249 members ▪ \$285 non-members  
8 week Sessions: \$332 members ▪ \$380 non-members