



ADULT

# JUNE 2022



| SUNDAY                                                                                                                                                              | MONDAY                                                                                                                               | TUESDAY                                                                           | WEDNESDAY                  | THURSDAY                                                                          | FRIDAY                                                                                      | SATURDAY                                                                                                                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|----------------------------|-----------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                     |                                                                                                                                      |                                                                                   | 1                          | 2                                                                                 | 3<br>11am 3.0-3.5 Drill & Play<br>11am 4.0 and up Drill & Play<br>6pm 2.5-3.0 Drill & Play  | 4<br>8am 3.5 and up Adv Drill<br>9:30am 3.0-3.5 Int Drill<br>11am QuickStart<br>11am 2.5-3.5 Cardio<br>12pm 3.5+ Cardio  |
| 5<br>11am 3.0-3.5 Int Drill<br>12:30pm 4.0 and up Highly Advanced Drill                                                                                             | 6<br><br><b>Club Closed for Emergency Road Work</b> | 7                                                                                 | 8<br>6pm 4.0 and up Drill  | 9<br>9am 3.0-3.5 Drill & Play<br>12pm 3.5 and up Daytime Drill<br>6pm QuickStart  | 10<br>11am 3.0-3.5 Drill & Play<br>11am 4.0 and up Drill & Play<br>6pm 2.5-3.0 Drill & Play | 11<br>8am 3.5 and up Adv Drill<br>9:30am 3.0-3.5 Int Drill<br>11am QuickStart<br>11am 2.5-3.5 Cardio<br>12pm 3.5+ Cardio |
| 12<br>11am 3.0-3.5 Int Drill<br>12:30pm 4.0 and up Highly Advanced Drill                                                                                            | 13<br>6pm 3.0-4.0 Int Drill                                                                                                          | 14<br>9am 3.5-4.0 Drill & Play<br>12pm 2.5-3.5 Daytime Drill<br>6pm 2.5-3.5 Drill | 15<br>6pm 4.0 and up Drill | 16<br>9am 3.0-3.5 Drill & Play<br>12pm 3.5 and up Daytime Drill<br>6pm QuickStart | 17<br>11am 3.0-3.5 Drill & Play<br>11am 4.0 and up Drill & Play<br>6pm 2.5-3.0 Drill & Play | 18<br>8am 3.5 and up Adv Drill<br>9:30am 3.0-3.5 Int Drill<br>11am QuickStart<br>11am 2.5-3.5 Cardio<br>12pm 3.5+ Cardio |
| 19<br>11am 3.0-3.5 Int Drill<br>12:30pm 4.0 and up Highly Advanced Drill<br><br> | 20<br>6pm 3.0-4.0 Int Drill                                                                                                          | 21<br>9am 3.5-4.0 Drill & Play<br>12pm 2.5-3.5 Daytime Drill<br>6pm 2.5-3.5 Drill | 22<br>6pm 4.0 and up Drill | 23<br>9am 3.0-3.5 Drill & Play<br>12pm 3.5 and up Daytime Drill<br>6pm QuickStart | 24<br>11am 3.0-3.5 Drill & Play<br>11am 4.0 and up Drill & Play<br>6pm 2.5-3.0 Drill & Play | 25<br>8am 3.5 and up Adv Drill<br>9:30am 3.0-3.5 Int Drill<br>11am QuickStart<br>11am 2.5-3.5 Cardio<br>12pm 3.5+ Cardio |
| 26<br>11am 3.0-3.5 Int Drill<br>12:30pm 4.0 and up Highly Advanced Drill                                                                                            | 27<br>6pm 3.0-4.0 Int Drill                                                                                                          | 28<br>9am 3.5-4.0 Drill & Play<br>12pm 2.5-3.5 Daytime Drill<br>6pm 2.5-3.5 Drill | 29<br>6pm 4.0 and up Drill | 30<br>9am 3.0-3.5 Drill & Play<br>12pm 3.5 and up Daytime Drill<br>6pm QuickStart |                                                                                             | <b>Free Guest Day</b>                                                                                                    |