

The Meadow Creek Junior Tennis Program is a Developmental tennis program designed to provide children of all ages with a quality experience.

Supervised by USPTA teaching professionals, our programs are taught in a positive and constructive manner to develop each child's ability while learning the lifelong sport of tennis.



Junior Memberships:  
\$45/month

**Junior Membership benefits Include:**

- Discounted Junior group lessons
- Group lesson Special: Attend first 5 Junior sessions, receive 50% off the 6th session
- Junior "walk on" rates (50% off court rate with 24 hour notice)
- Discounted rates for Junior Slammers and Private lessons

The average\* Junior player could save approximately \$440 per year by becoming a Junior Member.

\*based on an average number of programs, court time and lessons.

**JOIN NOW! Call 303-232-6272**

[www.meadowcreektennis.com](http://www.meadowcreektennis.com)

## 2017-2018 Session Dates

**Session 1:** Aug 21- Sept 23 (5-week session\*)

\* No class on 9/4/17 ~ Monday classes = 4 weeks  
Early registration discount by Aug. 14th

**Session 2:** Sept 25 – Nov 4 (6-week session)

Early registration discount by Sept. 18th

**Session 3:** Nov 6 - Dec 30 (8-week session\*)

\* No class on 11/23, 12/25 ~ Thurs & Mon classes = 7 weeks. Early registration discount by Oct 30th

**Session 4:** Jan 8 - Mar 3 (8-week session)

Early registration discount by Dec 30th

**Session 5:** Mar 5 - April 14 (6-week session)

Early registration discount by Feb. 26th

**Session 6:** April 16 - May 26 (6 week session)

Early registration discount by April 9

Register at least one week before the session begins and receive a \$20.00 discount.



**CALL THE CLUB TO REGISTER!**

**303.232.6272**

**CANCELLATIONS**

Cancellations must be done **at least 7 days** prior to the beginning of the session. We will gladly refund all fees, less a \$10.00 processing fee. If you cancel **less than 7 days** before the session, we will credit your fees toward another session during the 2017-2018 season.



## 2017-18 JUNIOR TENNIS PROGRAMS

**Meadow Creek Tennis & Fitness Club**  
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## Junior Development Group Lessons

### Junior Red Ball Developmental: Level I & II

**Saturdays 8:10 – 9:00am**

**Tuesdays 3:40 – 4:30pm**

**Level I:** Our entry level class for beginning juniors. This class uses 36' courts and the red foam or red felt, low compression ball. Emphasis is on developing motor skills, reaction/anticipation and sending and receiving the ball. Suggested ages: 4-8

**Level II:** Play focuses on increased stroke development, teamwork and rallying the ball back and forth using proper grips. Suggested ages: 4-8

### Junior Orange Ball Developmental

**Saturdays 9:00 – 10:30am**

**Tuesdays & Thursdays 4:30 – 6:00pm**

This class strongly emphasizes the proper techniques for all basic tennis strokes. Footwork, focus and reaction time skills are developed. This class uses the 60' courts and the orange low compression ball. Point play games are utilized. Suggested ages 7-10

### Junior Green Ball

**Mondays & Thursdays 4:30-6pm**

**Saturdays 10:30-12:00pm**

The primary focus for players at this stage is movement while using proper technique. Instructors emphasize the importance of using the correct grips for all shots. Live ball drills and games are used to prepare the students for match play. This class uses the green and yellow balls. Challenger level tournament play is encouraged. Entering players should be able to rally 15-20 balls in a row from the short court, 8-12 from full court and make 4 of 10 serves from the baseline. Suggested ages 9-14

### Junior Yellow Ball– Level I

**Mon & Wed 4:30-6pm, Sat 12:00-1:30pm**

Players at this level are playing challenger tournaments and playing or preparing to play high school tennis. Entering players must be able to maintain full court rallies of 10-15 balls, have all the basic grips and strokes and be able to make 6 of 10 serves. Suggested ages 13-18

### Junior Yellow Ball– \*Level II

**Mon & Wed 4:30-6pm, Sat 12:00-1:30pm**

*\*Participants must have completed YBI or have pro-approval to sign up for YBII.*

At this level, court strategy, ball placement and shot selection are emphasized in a lively and challenging atmosphere. Real game situations are used to help the students focus on different spins, court movement and stroke refinement. Players at this level are successfully playing Challenger tournaments and playing Championship level events. Suggested ages 13-18.

## ~ Pro-Approval Required ~

### HIGH PERFORMANCE: Level I

**Wednesdays 4:30-6:00pm, Saturdays 1:30-3:00pm**

This is an intensive program for the younger players (approximately ages 11-15) who strive to become open-level, competitive players. A combination of advanced stroke development, court strategy, conditioning, focus drills and match play are used to help them achieve their goals. It is recommended that participants in this program play tournaments and take private lessons to ensure their success. **Pro-approval required.**

### HIGH PERFORMANCE: Level II

**Tuesdays & Thursdays 4:30-6pm**

This is an intense program for the open-level competitive player. These players are often ranked at the sectional or national level. This class is designed to develop and enhance dedicated tournament players' talent through a combination of court strategy, conditioning, focus drills, match play and on-court monitoring in a college-style practice environment. We encourage further development through tournament participation and interscholastic competition. **Pro-approval required.**

## Junior Group Lesson Rates

Prices are for **6 week sessions**. All other sessions will be priced accordingly.

CLASS	Member	Non-Member
RED BALL	\$138	\$138
ORANGE BALL	\$207	\$246
GREEN BALL	\$207	\$246
YELLOW BALL	\$207	\$246
HIGH PERFORMANCE	\$249	\$285

Junior Memberships available: \$45/month

## ~ Drop-In Programs~

### JUNIOR SLAMMERS

**Fridays 4:30-6:30pm**

For the developing player as well as junior tournament players. Supervised point play situations and games focusing on tactics, shot selection and foot work. Green and yellow balls are used in this class. All skill levels from Meadow Creek's Green Ball level and above (ages 11 & up) are welcome. Sign up in advance or just show up! Weekly enrollment; drop-ins welcome. Begins 8/25/17

**COST:** \$18/members, \$26/non-members