



MEADOW CREEK PICKLEBALL

2021-2022 Play Times:

Sundays 5pm-8pm

Tuesdays 7am-9am

Thursdays 7am-9am

Meadow Creek Members: Free on all days

Guests: \$9 on Sunday; \$6 Tuesday/Thursday

Silver Sneakers: \$8/Sunday; \$5 Tuesday/Thursday

Reservations are required and can be made one week in advance. Space is limited. Payment must be made to reserve your spot.

Pickleball Lessons with Travis Ervick



Born in Cincinnati, Ohio, Travis moved around the United States before settling in Evergreen with his parents and siblings. He grew up playing multiple sports but focused most on ice hockey, lacrosse, and tennis. Travis attended Mullen High School, and the University of Colorado Boulder where he graduated with degrees in International Business and Spanish for the Professions.

Travis picked up tennis at 16 years old, and has been in love with the sport ever since. He is an avid racquet sports aficionado

and can be seen playing platform tennis, squash, racquetball and of course, pickleball.

Travis is currently the Director of Racquets at Mt. Vernon Canyon Club, and has worked for various tennis centers across Colorado since 2013. Additionally, he coaches both high school tennis and lacrosse.

"I want you to leave the court having learned something new and feeling like you got the workout you deserve."

Travis is the ultimate racquet coach. He is passionate about pickleball and can coach you through all levels of play. Contact us if you have any questions or want to book a lesson with Travis.

# of Players	1 Hour Lesson	3-Pack Total	6-pack Total
1	\$45	\$129	\$243
2	\$50	\$144	\$270
3	\$55	\$159	\$297
4	\$60	\$172	\$324
5	\$65	\$190	\$355
6	\$70	\$204	\$378
7	\$75	\$217	\$406
8	\$80	\$232	\$432

Non-member lessons will incur an additional \$4 guest fee/lesson

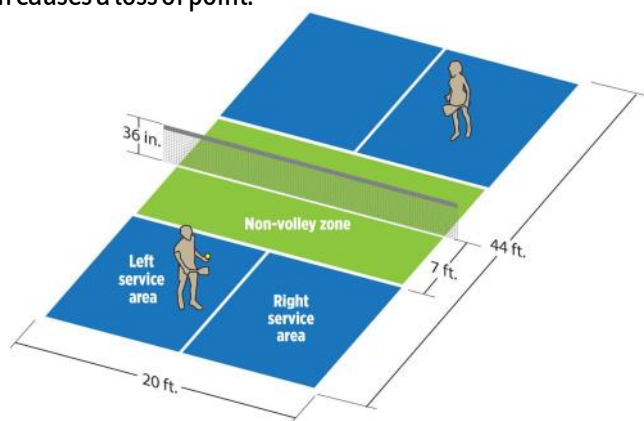
Contact info@meadowcreektennis.com or Travis@mountvernoncc.com to get a lesson scheduled

See backside for the basic rules of Pickleball

Basic Rules of Pickleball

Although pickleball is played on a court, the rules of the game more closely resemble table tennis or badminton than traditional tennis.

- The game begins with one side serving the pickleball, using the paddle.
- To properly serve the ball, the player must keep one foot behind the back line and strike the ball with an underhand swing, aiming at the service court located diagonally over the net, and clearing the no-volley zone (the kitchen).
- Service starts from the right hand court. Only one fault is allowed.
- In the case of doubles, both players get to serve once, and then the serve is taken over by the opposing team.
- Both sides must allow the pickleball to bounce first before hitting it with the paddle at least one time from the start of the game. Thereafter, players may volley the ball (hit it without allowing it to bounce), provided they are not within the no-volley zone within seven feet of the net (marked on the court).
- A player or team scores points only when they are serving. A pickleball game is played to 11 points and a win must be by two points.
- Similar to tennis, the following moves are faults in pickleball which causes a loss of point:
 - Failing to clear the net
 - Hitting the ball out of bounds
 - Volleying the ball from within, or while foot is in the no-volley zone (the kitchen)
 - Volleying the ball before it has bounced on a first serve or first return



Court and Gear

Pickleball is traditionally played on a 44' x 20' badminton-sized court that has two 7' wide non-volley zones adjacent to the net often called "kitchens". The paddles used were originally wooden but now are made of high-tech honeycomb polymer, graphite or aluminum materials. The ball used is similar to a whiffle ball with a diameter of approximately 3 inches (which is slightly larger than a tennis ball) and a weight of slightly under 1 ounce. The lower net height of 34 inches and the lightweight ball allows the game to be enjoyed and played recreationally by people of all ages and abilities.

Demo paddles and balls can be found here at Meadow Creek Tennis & Fitness Club in our Pro Shop and used by players that are new to the game. Our Front Desk Staff is happy to help get you set up!

MEADOW CREEK
TENNIS & FITNESS CLUB