



ADULT TENNIS PROGRAMS

JUNE 2024 - AUGUST 2024

ADULT MOD DRILLS

Meadow Creek offers “MOD” (Member Only Drills) for adults of all levels. MOD’s are adult classes that you can sign up for on a week-to-week basis.

Must be a Meadow Creek Member to participate in MOD drills

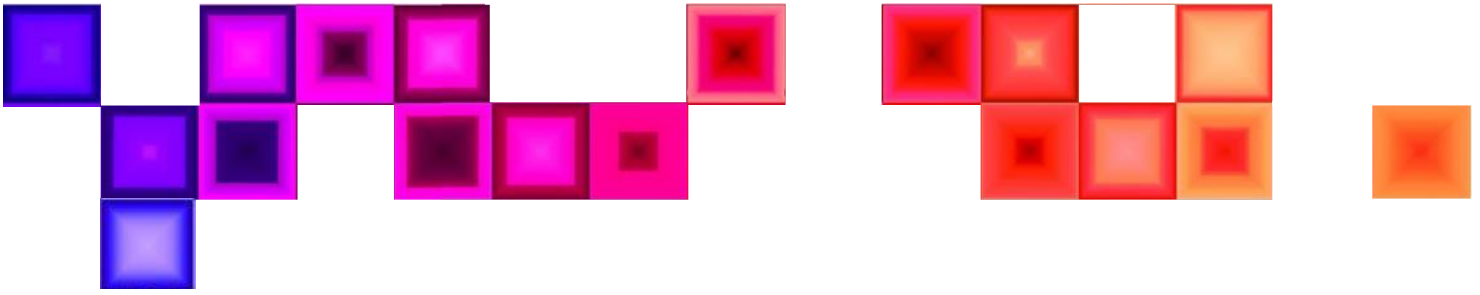
All players must play at their published USTA rating

Monday	Intermediate Drill	3.0-4.0	6pm-7:30pm	\$30
Tuesday	Daytime Drill	2.5-3.5	12pm-1:30pm	\$30
Tuesday	Intermediate Drill	2.5-3.5	6pm-7:30pm	\$30
Wednesday	Highly Advanced Drill	4.0 and up	6pm-7:30 pm	\$30
Thursday	Daytime Drill	3.5 and up	12pm-1:30pm	\$30
Saturday	Advanced Drill	3.5 and up	8am-9:30am	\$30
Saturday	Intermediate Drill	3.0-3.5	9:30am-11am	\$30
Sunday	Intermediate Drill	3.0-3.5	11am-12:30pm	\$30
Sunday	Highly Advanced Drill	4.0 and up	12:30pm-2pm	\$30

Reservations can be made online for our Member Only Drills, or call **303.232.6272**. We take reservations 7 days in advance. Class sizes are limited. 24-hour cancellation notice required.

See backside for more Summer programs





ADULT DRILL & PLAY

Drill & Play's are open to both Members and Non-Members. The first half of the class is a drill then followed by supervised match play. **Advance registration required. All players must play at their published USTA rating.**

Tuesday*	3.5-4.0	9am-11am	\$30 member \$38 non-member
Thursday	3.0-3.5	9am-11am	\$30 member \$38 non-member
Friday	3.0-3.5	11am-1pm	\$30 member \$38 non-member
Friday	4.0 and up	11am-1pm	\$30 member \$38 non-member
Friday	2.5-3.0	6pm-7:30pm (1.5 hr)	\$24 member \$31 non-member

2 hour class 6-pack pricing: \$162 for members only
 1.5 hour class 6-pack pricing: \$129.60 for members only

* Summer schedule begins May 28

CARDIO TENNIS

Cardio Tennis is a high-energy workout on the tennis court. This class will get your heart rate pumping and burn calories all while improving your game and fitness.

Advance registration required. All players must play at their published USTA rating.

Friday	3.5+	8am-9am	\$20 member \$26 non-member
Saturday	2.5-3.5	11am-12pm	\$20 member \$26 non-member
Saturday	3.5+	12pm-1pm	\$20 member \$26 non-member

Buy a 6-Series Package and SAVE! \$108 for members only

Reservations can be made 7 days in advance for members; 48 hours in advance for non-members
 24-hour cancellation notice required



05.14.24

MEADOW CREEK

TENNIS & FITNESS CLUB