



TENNIS QUICKSTART

Have you always wanted to learn to play tennis but don't know where to start? Is your game a little rusty from years of neglect? Are you tired of watching your kids have all the fun on the court? If this sounds like you, you may want to try our adult QuickStart and learn to play tennis in 6-weeks! Our USPTA certified tennis professionals are committed to help you learn the basics of tennis in a fun and enjoyable environment.

QuickStart is \$144 for 6-weeks. Tiered into two skill levels, QuickStart is for the beginning tennis player, aged 16 and up. Classes are 60-minutes each week with no more than 6 players per pro. We start a new QuickStart every 6 weeks throughout the year. QuickStart demo racquets are available if you don't have your own, court shoes are required.

WHEN: Thursday Evenings or Saturdays

WHERE: Indoors at Meadow Creek

COST: \$144 for any 6-Week QuickStart

Registration is required and space is limited
Call 303.232.6272 to register for QuickStart

QuickStart is open to both members and non-members



QuickStart 1

Designed for the beginning tennis player with little or no tennis playing experience. Learn to play tennis in a small group setting that is fun and non-intimidating. Instruction focus is on stroke production, footwork, and court movements.

**Saturday 1:30pm-2:30pm or
Thursday 6pm-7pm**

QuickStart 2

Players who have the basic skills to rally from the baseline, approach the net, and negotiate the court in singles or doubles. Continued emphasis on strokes and footwork while introducing match play and competitive strategy.

**Saturday 2:30pm-3:30pm or
Thursday 7pm-8pm**

\$144 for any 6-week QuickStart

QuickStart is open to both members and non-members

What to Know About Your QuickStart:

- QuickStart participants may attend our Drill & Plays, Cardio tennis, and book courts to practice on at the non-member rate. These bookings can be made 2 days in advance. The ball machine can be included with your court reservation at no additional charge, depending on availability.
- There will be no make-up classes for any missed QuickStarts.
- QuickStart demo racquets are available at no charge if you do not have your own.
- Proper court shoes with non-marking soles are required.

Upcoming QuickStart Start Dates:

- September 19 and 21, 2024
- October 31 and November 2, 2024
- January 2 and 4, 2025
- February 13 and 15, 2025
- March 27 and 29, 2025
- May 8 and 10, 2025
- June 19 and 21, 2025

Beginner Drill & Play

An evening Drill & Play program for the 2.5-3.0 player. This is the perfect addition to any of our QuickStart's!

This Drill & Play consists of a 1-hour drill with a Meadow Creek Pro, followed by 1-hour of supervised match play

Wednesday 7:30pm-9:30pm (September to April)

Friday 6pm-8pm (May to September)

call to verify times on season changeovers

\$35/members; \$45/non-members



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