



JUNIOR TENNIS PROGRAMS

SEPTEMBER 2023-MAY 2024

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
August 21- September 23	September 25 - November 4	November 6 - December 30	January 2 - February 24	February 26 - April 20	April 22 - May 25
5 weeks	6 weeks	8 weeks	8 weeks	8 weeks	5 weeks
Early registration discount \$20 by August 14	Early registration discount \$20 by September 18	Early registration discount \$20 by October 30	Early registration discount \$20 by December 26	Early registration discount \$20 by February 19	Early registration discount \$20 by April 15
No Class 9/4 (Monday classes are 4 weeks)		No Classes 11/11, 11/23, 12/25 (Monday, Thursday & Saturday classes are 7 weeks)	(Monday classes are 7 weeks)		

Junior Membership benefits for only \$50 per month!

- Discounted Junior group lessons
- Group Lesson Special: Attend first 5 Junior sessions, receive 50% off the 6th session
- Junior "Walk-on" rates (50% off court rate with same day reservation)
- Discounted rates for Group and Private Lessons
- The average* Junior player could save approximately \$440 per year by becoming a Junior Member

*Based on an average number of programs, court time and lessons

MEADOW CREEK

TENNIS & FITNESS CLUB
6305 West 6th Avenue, Lakewood, CO 80214
303.232.6272 • info@meadowcreektennis.com
MeadowCreekTennis.com

The Meadow Creek Junior Tennis Program is a developmental tennis program designed to provide children of all ages and abilities with a quality experience. Supervised by USPTA teaching professionals, our programs are taught in a positive and constructive manner to develop each child's ability while learning the lifelong sport of tennis.

Call us at
303.232.6272
to register for any of our Sessions

Session Cancellation Policy:

Cancellations must be done **at least 7 days prior** to the beginning of the Session. We gladly refund all fees, less a \$20 processing fee. If you cancel **less than 7 days** before the Session, we will credit your fees toward another Session during the 2023-24 season.

Due to class sizes, there will be no make-up classes or adjustments for any missed days

LITTLE TYKE TENNIS

Tuesday: 4:00pm-4:30pm
Saturday: 11:30am-12pm

Suggested ages 3-5

This class is meant to inspire the little ones. Play will be lively and engaging using racquets to connect with foam balls and balloons. Focus will be on fun to help develop confidence and coordination.

5 week Sessions: \$60 members and non-members
6 week Sessions: \$72 members and non-members
7 Week Sessions: \$84 members and non-members
8 week Sessions: \$96 members and non-members

JUNIOR RED BALL

Tuesday: 3:40pm-4:30pm
Saturday: 11:10am-12pm

Suggested ages 5-7

This class uses 36' courts and the red foam or red felt, low compression ball. Emphasis is on developing motor skills, reaction/anticipation and sending and receiving the ball.

5 week Sessions: \$120 members and non-members
6 week Sessions: \$144 members and non-members
7 Week Sessions: \$168 members and non-members
8 week Sessions: \$192 members and non-members

JUNIOR ORANGE BALL

Tuesday or Thursday: 4:30pm-6pm
Saturday: 12pm-1:30pm

Suggested ages 7-10

This class strongly emphasizes the proper techniques for all basic tennis strokes. Footwork, focus and reaction time skills are developed. This class uses the 60' courts and the orange low compression ball. Point play games are utilized.

5 week Sessions: \$180 members ▪ \$215 non-members
6 week Sessions: \$216 members ▪ \$258 non-members
7 week Sessions: \$252 members ▪ \$301 non-members
8 week Sessions: \$288 members ▪ \$344 non-members

JUNIOR GREEN BALL

Monday or Thursday: 4:30pm-6pm
Saturday: 1pm-2:30pm

Suggested ages 9-14

Instructors emphasize the importance of using the correct grips for all shots. Live ball drills and games are used to prepare for match play. This class uses the green and yellow balls. Players should be able to rally 8-10 balls in a row from the short court, 6-8 from full court and make 4 of 10 serves from the baseline. **Note: Class will be divided into two groups based on skill level.**

5 week Sessions: \$180 members ▪ \$215 non-members
6 week Sessions: \$216 members ▪ \$258 non-members
7 week Sessions: \$252 members ▪ \$301 non-members
8 week Sessions: \$288 members ▪ \$344 non-members

FRIDAY AFTERNOON CLUB

Yellow Ballers Friday: 4:30pm-6pm Weekly Registration

This is a high-intensity class involving drills, games and supervised point-play scenarios. Designed for Yellow Ball and Elite Yellow Ball players looking to gear up for tournaments and high school play.

\$18/class members ▪ \$26/class non-members

JUNIOR YELLOW BALL

Monday or Wednesday: 4:30pm-6pm
Saturday: 1:30pm-3pm

Suggested ages 13-18

Players at this level are playing or preparing to play high school tennis. Entering players must be able to maintain full court rallies of 6-8 balls, have knowledge of the basic grips and strokes and be able to make 5 of 10 serves.

5 week Sessions: \$180 members ▪ \$215 non-members
6 week Sessions: \$216 members ▪ \$258 non-members
7 week Sessions: \$252 members ▪ \$301 non-members
8 week Sessions: \$288 members ▪ \$344 non-members

ELITE YELLOW BALL

Tuesday or Thursday: 4:30pm-6pm
Saturday: 2:30pm-4pm

Suggested ages 13-18

At this level, court strategy, conditioning, ball placement and shot selection are emphasized in a lively and challenging atmosphere. Real game situations are used to help the students focus on different spins, court movement and stroke refinement. Students at this level are Varsity high school tennis players and successfully competing in Challenger tournaments with the aspiration to play Championship level events. Private lessons are also recommended to achieve success at this level.

*** Pro Approval Required for Elite Yellow Ball Participants**

5 week Sessions: \$180 members ▪ \$215 non-members
6 week Sessions: \$216 members ▪ \$258 non-members
7 week Sessions: \$252 members ▪ \$301 non-members
8 week Sessions: \$288 members ▪ \$344 non-members

HIGH PERFORMANCE

Wednesday: 4:30pm-6pm or Saturday: 2:30pm-4pm

LEVEL 1*: This is an intensive program for the younger players (approximately ages 11-14) who strive to become open-level, competitive players. A combination of advanced stroke development, court strategy, conditioning, focus drills and match play are used to help them achieve their goals. It is recommended that participants in this program play tournaments and take private lessons to ensure their success.

Monday or Wednesday: 4:30pm-6pm

LEVEL II*: This is an intense program for the open-level competitive player. These players are often ranked at the Sectional or National level. This class is designed to develop and enhance dedicated tournament players' talent through a combination of court strategy, conditioning, focus drills, match play and on-court monitoring in a college-style practice environment. We encourage further development through tournament participation, interscholastic competition and private lessons.

*** Pro Approval Required for all High Performance Participants**

5 week Sessions: \$210 members ▪ \$240 non-members
6 week Sessions: \$252 members ▪ \$288 non-members
7 week Sessions: \$294 members ▪ \$336 non-members
8 week Sessions: \$336 members ▪ \$384 non-members

Any session pricing not reflected here will be pro-rated based on class pricing