

ADULT TENNIS PROGRAMS

JUNE 2021 - AUGUST 2021

ADULT MOD DRILLS

Meadow Creek offers “MOD” (Member Only Drills) for adults of all levels. MOD’s are adult classes that you can sign up for on a week-to-week basis.

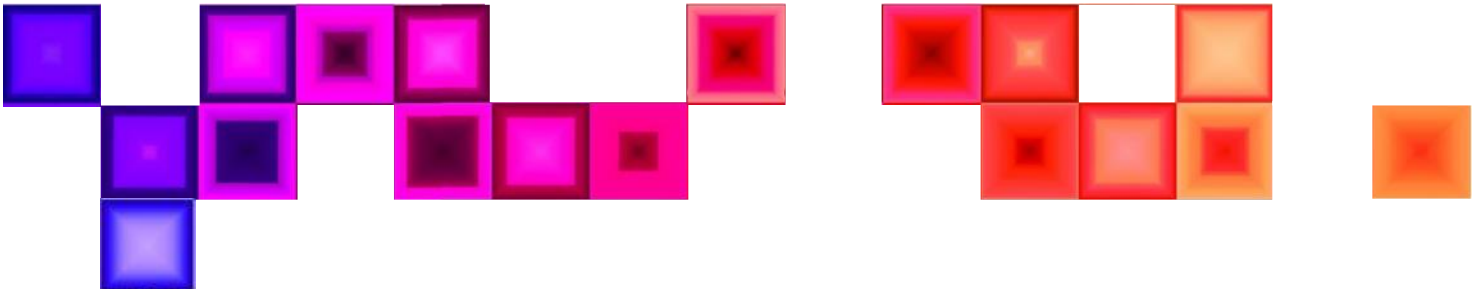
Must be a Meadow Creek Member to participate in MOD drills.

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|------------------|-----------------------|--------------|--------------|------|
| Monday | Intermediate Drill | 3.5+ | 6pm-7:30pm | \$28 |
| Tuesday | Daytime Drill | All Levels | 12pm-1:30pm | \$28 |
| Tuesday | 3.0+ Drill | 3.0+ | 6pm-7:30pm | \$28 |
| Wednesday | 4.0+ Drill | 4.0-5.0 only | 6pm-7:30 pm | \$28 |
| Thursday | Daytime Drill | All Levels | 12pm-1:30pm | \$28 |
| Saturday | Advanced Drill | 3.5-5.0 | 8am-9:30am | \$28 |
| Saturday | Intermediate Drill | 3.0 - 3.5 | 9:30am-11pm | \$28 |
| Sunday | Intermediate Drill | 3.0 - 3.5 | 11am-12:30pm | \$28 |
| Sunday | Highly Advanced Drill | 4.0-5.0 only | 12:30pm-2pm | \$28 |

Reservations can be made online for our Member Only Drills, or call 303.232.6272. We take reservations 7 days in advance. Class sizes are limited.



See backside for more Summer programs



ADULT DRILL & PLAY

Drill & Play's are open to both Members and Non-Members. The first half of the class is a drill then followed by supervised match play. **All players must play at their published USTA rating.**

| | | | |
|-----------------|---------|---------------------|-------------------------------|
| Tuesday | 4.0+ | 9am-11am | \$28 member \$36 non-member |
| Thursday | 3.0-3.5 | 9am-11am | \$28 member \$36 non-member |
| Friday | 3.5+ | 11am-1pm | \$28 member \$36 non-member |
| Friday | 4.0+ | 11am-1pm | \$28 member \$36 non-member |
| Friday | 2.5-3.0 | 6pm-7:30pm (1.5 hr) | \$22 member \$29 non-member |

2 hour class 6-pack pricing: \$151.20 members | \$194.40 non-members

1.5 hour class 6-pack pricing: \$118.80 members | \$156.60 non-members



CARDIO TENNIS

Cardio Tennis is a high-energy workout on the tennis court. This class will get your heart rate pumping and burn calories all while improving your game and fitness.

Space is limited, advance registration required. All players must play at their published USTA rating.

| | | | |
|-----------------|---------|-----------|----------------------------------|
| Saturday | 2.5-3.5 | 11am-12pm | \$18.50 member \$24 non-member |
| Saturday | 3.5+ | 12pm-1pm | \$18.50 member \$24 non-member |

Buy a 6-Series Package and SAVE! \$99.90 members | \$129.60 non-members

MEADOW CREEK

TENNIS & FITNESS CLUB

6305 West 6th Avenue, Lakewood, CO 80214 | 303.232.6272 | info@meadowcreektennis.com | MeadowCreekTennis.com